

# The Millennial Plan Channel Guide

STATION	CHANNEL	HD/SD
ABC-East (Buffalo)	18 & 153	HD
ABC-West (Seattle)	155	HD
CBC Calgary (CBRT)	131	HD
CBC Edmonton (CBXT)	128	HD
CBC Montreal (CBMT)	125	HD
CBC Ottawa (CBOT)	124	HD
CBC Toronto	6 & 127	HD
CBC Vancouver (CBUT-TV)	132	SD
CBC Windsor (CBET)	126	HD
CBS East (Boston)	16 & 145	HD
CBS West (Seattle-KIRO-TV)	147	HD
CHCH Hamilton	11 & 121	HD
CHNU INDEP	173	SD
CityTV Toronto	7 & 133	HD
City Calgary (CKAL)	140	HD
City Edmonton (CKEM)	134	HD
City Kamloops (CFJC)	142	HD
City Vancouver (CKVU)	135	HD
CP24	24 & 192	HD
CTV TWO Alberta	139	HD
CTV TWO London (CFPL TV)	123	HD
CTV TWO Ottawa (CHRO)	137	HD
CTV TWO Toronto	20 & 136	HD
CTV TWO Victoria (CIVI)	138	HD

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STATION	CHANNEL	HD/SD
CTV TWO Windsor (CHWI)	122	HD
CTV-Calgary (CFCN)	111	HD
CTV-Edmonton (CFRN)	110	HD
CTV-Kingston (CKWS)	107	HD
CTV-Kitchener (CKCO)	109	HD
CTV-North Bay (CKNY)	115	SD
CTV-Ottawa (CJOH)	106	HD
CTV-Sudbury (CICI)	114	SD
CTV-Toronto	8 & 108	HD
CTV-Vancouver (CIVT-TV)	112	HD
Fox East (Boston)	28 & 157	HD
Fox West (Tacoma-KCPQ-TV)	159	HD
Global BC (CHAN-TV)	119	HD
Global Calgary (CICT)	118	HD
Global Durham	129	SD
Global Edmonton (CITV)	117	HD
Global Okanogan (CHBC)	120	HD
Global Peterborough	130	HD
Global Toronto	3 & 116	HD
ICI Edmonton (CBC)	604	SD
ICI Ottawa (CBC)	602	HD
ICI Vancouver (CBC)	606	SD
Knowledge Network	211	HD
MétéoMédia	636	SD

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NBC-East (Boston)	17 & 149	HD
NBC-West (Seattle-KING-TV)	151	HD
Noovo	605	SD
Omni 1	4 & 169	SD
Omni 2	14 & 171	HD
PBS East (Boston)	61 & 161	SD
PBS West (Seattle-KCTS-TV)	164	SD
Sportsnet 360	411	SD
Sportsnet East	403	HD
Sportsnet ONE	394	HD
Sportsnet Ontario	402	HD
Sportsnet Pacific	405	HD
Sportsnet West	404	HD
Télé-Québec Montreal (CIVM)	603	SD
TFO	13 & 608	HD
The Weather Network	23 & 91	HD
TSN	406	HD
TSN 2	407	HD
TSN 3	408	HD
TSN 4	409	HD
TSN 5	410	HD
TV5	103 & 650	SD
TV5 West	651	SD
TVA Gatineau (CHOT)	609	SD

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STATION	CHANNEL	HD/SD
TVO	2 & 141	HD
YesTV	9 & 238	HD