

The Millennial Plan Channel Guide

STATION	CHANNEL	LANGUAGE
ABC Detroit	18 & 153	English
ABC Seattle (KOMO)	155	English
AMI-audio	195	English
AMI-télé	652	French
AMItv	900	English
AMItv W	901	English
APTN	70 & 295	International
APTN Languages	73	International
CBC Calgary	131	English
CBC Edmonton	128	English
CBC Edmonton Français	604	French
CBC Montreal	125	English
CBC Ottawa	124	English
CBC Ottawa Français	602	French
CBC Toronto	6 & 127	English
CBC Vancouver	132	English
CBC Vancouver Français	606	French
CBC Windsor	126	English
CBS Detroit	16 & 145	English
CBS Seattle (KIRO)	147	English
CHCH	11 & 121	English
Citytv Calgary	140	English
Citytv Edmonton	134	English
Citytv Kamloops	142	English

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Citytv Montreal	143	English
Citytv Toronto	7 & 133	English
Citytv Vancouver	135	English
CP24	24 & 192	English
CPAC English	104 & 198	English
CPAC French	614	French
CTV Calgary	111	English
CTV Edmonton	110	English
CTV Kingston	107	English
CTV Kitchener/London	109	English
CTV Montreal	113	English
CTV North Bay	115	English
CTV Ottawa	106	English
CTV Sudbury	114	English
CTV Toronto	8 & 108	English
CTV Two Alberta	139	English
CTV Two London	123	English
CTV Two Ottawa	137	English
CTV Two Toronto	20 & 136	English
CTV Two Vancouver Island	138	English
CTV Two Windsor	122	English
CTV Vancouver	112	English
Discovery	219	English
Food Network	254	English

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Fox Rochester (WUHF)	28 & 157	English
Fox Seattle (KCPQ)	159	English
Global BC	119	English
Global Calgary	118	English
Global Durham	129	English
Global Edmonton	117	English
Global Okanagan	120	English
Global Peterborough	130	English
Global Toronto	3 & 116	English
HGTV	253	English
ICI Radio-Canada Télé Montreal	613	French
ICI RDI	612	French
Investigation Discovery (ID)	286	English
Joytv	173	English
Knowledge Network	211	English
Magnolia Network	89 & 261	English
MétéoMédia	636	French
NBC Detroit	17 & 149	English
NBC Seattle (KING)	151	English
Noovo Montreal	605	French
OMNI.1	4 & 169	English
OMNI.2	14 & 171	English
PBS Buffalo (WNED)	61 & 161	English
PBS Seattle (KCTS)	164	English

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RDS Info	607	French
Sportsnet 360	411	English
Sportsnet East	403	English
Sportsnet ONE	394	English
Sportsnet Ontario	402	English
Sportsnet Pacific	405	English
Sportsnet West	404	English
Télé-Québec Montreal	603	French
TFO	13 & 608	French
The Weather Network	23 & 91	English
TSN	406	English
TSN2	407	English
TSN3	408	English
TSN4	409	English
TSN5	410	English
TV5	103 & 650	French
TV5 W	651	French
TVA Gatineau-Ottawa	609	French
TVA Montreal	101 & 610	French
TVO	2 & 141	English
YES TV	9 & 238	English